

## High School Outdoor Results

### Lady Skins Invitational

(April 10<sup>th</sup>)

Emma Mahony (Villa Joseph Marie) 6<sup>th</sup> in 1600m – 5:23.92

### Penn Relays

(April 22-24<sup>th</sup>)

John Bleday (Xaverian Brothers) 10<sup>th</sup> in the High School Mile - 4:14

### Hartford Public High School Invitational

(May 8<sup>th</sup>)

John Bleday (Xaverian Brothers) 2<sup>nd</sup> in Mile - 4:10.87

*\*9 second improvement over winter PR*

### ISTA Championship Meet

(May 8<sup>th</sup>)

Katherine Nimmo (Milton Academy) 9<sup>th</sup> in 200m – 28.54

5<sup>th</sup> in 400m – 1:03.62

Bridget Freeley (Middlesex) 3<sup>rd</sup> in 1500m – 5:06.12

Nate Dick (Roxbury Latin) 5<sup>th</sup> in 1500m – 4:16.59

5<sup>th</sup> in 3000m – 9:43.13

Henry Russell (Milton Academy) 3<sup>rd</sup> in 1500m – 4:08.38

2<sup>nd</sup> in 3000m – 9:14.97

James O'Keefe (Milton Academy) 6<sup>th</sup> in 110H – 16.57

3<sup>rd</sup> in 300H – 43.34

### State Relays

(May 15<sup>th</sup>)

Nick D'Agostino (Boston Latin School) 13<sup>th</sup> in 4x800 splitting 2:07

*\*8 second PR*

### NEPSTA DI T & F Championship

(May 15<sup>th</sup>)

Henry Russell (Milton Academy) 6<sup>th</sup> in 1500m – 4:08.68

4<sup>th</sup> in 3000m – 9:14.26

### NEPSTA DIII T & F Championship

(May 15<sup>th</sup>)

Nate Dick (Roxbury Latin) 4<sup>th</sup> in 4x400 split 54.24

3<sup>rd</sup> in 1500m – 4:16.32

### The Katie Lynch Heartbreak Hill Half Marathon

(May 16<sup>th</sup>)

Henry Russell (Milton Academy) 1<sup>st</sup> in 1:15:13

*\*New record. Old record 1:24:02 by Ezekiel Ephraim in 2009*



**Dual County League Meet**

*(May 18<sup>th</sup>)*

Nick D'Agostino (Boston Latin School) 9<sup>th</sup> in Mile – 4:51.18

Elza Lamberg (Boston Latin School) 11<sup>th</sup> in 800m – 2:30.67

**Bay-State League Championship**

*(May 19<sup>th</sup>)*

Jenny Wagner (Framingham HS) 2<sup>nd</sup> in 400 – 1:02.93

**Tri Valley League Championship**

*(May 19<sup>th</sup>)*

Lee Milne (Dover-Sherborn HS) 1<sup>st</sup> in 2-Mile - 11:13

*\*League and School Record (7 second PR)*

Jeff Brown (Medfield HS) 1<sup>st</sup> in Mile – 4:34.9